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|  | Herpes Zoster (Shingles): Homeopathic Approach | |  |
| | DR. RONAK SHAH'S DIVINE HOMEOPATHY Restoring Vitality SINCE 1991 M.D.(HOM.) | It reduces the intensity of pain, burning, reduce infection, and shorten the duration. Relapses are also prevented. It is also very effective in the cases of Post-herpetic neuralgia. | |

Herpes Zoster Shingles: Homeopathic Approach

Herpes zoster (shingles) is a viral infection, caused by the Varicella zoster virus. This virus causes the acute illness chickenpox. Even after chickenpox is resolved the virus is not eliminated. It can go on to cause Herpes zoster. This virus is located in nerve cells. It may remain silent for years together. When it gets activated, the symptoms appear along the course of nerves.

Sign and symptoms

- Herpes zoster is characterized by painful eruptions (yellowish fluid-filled) in a linear shape over a limited area of the body like the face, eyes, genitals, and other body parts.
- The eruptions can be reddish-brown in color. The pain may be mild or unbearable and is related to a nerve in which the virus is located. The eruptions may subside in 3-6 weeks but the pain may remain the same.
- Many people develop only one episode of shingles in their life, but some people can have recurrent episodes depending upon their immunity.
- Herpes Zoster is known to leave behind a painful condition called Post-herpetic Neuralgia in many patients.

Transmission

- Skin-to-skin contact is the major source of spread. Transmission may also occur directly, or through contact with infected razors, towels, dishes, and other shared articles. Oral sex is the most common way to transmit genital infection.

Homeopathic Treatment for Herpes Zoster

Homeopathy medicine for herpes zoster is effective. In homeopathy, there is no local or external medication. Medicines given after studying the symptoms in detail, reduce the intensity of pain, and burning and subsequently reduce infection, and shorten the duration of infection. Relapses are also prevented by homeopathy. Homeopathy is also very effective in the cases of Post-herpetic neuralgia. **Herpes Zoster treatment** in homeopathy is strongly advocated.

Top Homeopathic Remedies for Shingles are Rhus Tox, Ranunculus Bulbosus, Mezereum etc.